

## *Gotemba Newsletter*

### Events:

1. **Stomach Cancer Screening has been Scheduled**
2. **Child Dependency Allowance (Check the current status)**
3. **Elderly Medical Insurance Fee Collection Begins**

★The Gotemba Newsletter can be viewed on the GIA Internet site:  
<https://www.gia-gotemba.com>

★Copies of this Newsletter are available at the City Hall, the City Branch Offices, Library, Health Care Center and GIA.

### 1. **Stomach Cancer Screening has been Scheduled**

A community screening car, Sawayaka, for stomach cancer has been scheduled from Tuesday, August 22<sup>nd</sup>. If you have already applied for it, your consultation slip will be mailed by the middle of August. Stomach Cancer Screening (Barium test) takes time, and it will take time to get to your turn. Depending on the congestion situation of the venue, we may give directions for you to try another consultation date.

On the day of your visit, please refrain from visiting if you have symptoms such as a fever or a cold etc., or you are suspected of having an infectious disease.

Inquiry: Health promotion division at (70)7765

- Stomach Cancer Screening (Barium test)

The purpose of this examination is to find early stages gastric cancer by stomach x-ray after taking barium.

For the scheduled date, please check the Japanese version.

\*Subject: Age 30 and over

\*Self-pay: 800 yen (Free of charge for 70 and older)

\*Things to bring: Mailed consultation form

\*How to dress-up: Plain T-shirts, elastic waist pants (avoid any pants with metal, plastic and etc.)

(Caution)

\*Do not eat after 8:00 p.m. the day before the screening and do not drink alcohol.

Drinking water is ok up to midnight.

\*No drink/ food or smoking on the screening day, and please empty your bowels.

\*All details are described in the mailed envelop so please read them carefully before your examination.

- Gastric endoscopy is available at medical institutions in the city.

If you are subject, you may undergo a gastroscopy or barium test.

Examination period: Till Thursday, February 29<sup>th</sup>, 2024

Examination venue: 13 designated medical institution in the city

Subject: Age 50 and every 2 years over, based on school age (ex. 50, 52, 54, 56 etc.)

Self-pay: 3,000yen every examiner

Reservation: Reservations can be made until Wednesday, January 31<sup>st</sup>, 2024 at 13 designated medical institution in the city.

## **2. Child Dependency Allowance (Check your current status)**

Child dependency allowance supports single parents who have a child under 18 years old.

Even though you are currently approved, you will not receive this allowance after November unless you re-apply again. Please make sure to re-apply. (Current recipients will be notified at the end of July.)

- \* Depending on public pension, receiving survivor compensation or income, there is a chance that you may not receive this dependency allowance. Please ask for more details.

How to apply/ Inquiry:

Please contact Kosodate Shien-ka (Child Support Department) at (82)4124 by Thursday, August 31<sup>st</sup>.

## **3. Elderly Medical Insurance Fee Collection Begins**

The insurance premium for this year will be sent by the middle of August. Please do not forget to pay. For details, please refer to the notification letter sent to you.

Subject:

- ① 75 years of age and older
  - ② Persons between 65 and 74 years of age, recognized by the Elderly Medical Insurance Association as having a designated level of disability are eligible.
- ※ Please contact us if you have difficulty paying insurance premiums. If you do not pay without consulting us, you may be issued a short-term insurance card with a short validity period, or your assets such as deposits may be seized.

Inquiry: National Insurance Pension Division, elderly medical staff at (82)4188.

☆Translated by KH of GIA volunteers

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