

## *Gotemba Newsletter*

### Events:

1. Be Sure to Evacuate When Ordered (Alert level 4)
2. Learning Contract Basics for “Telemarketing Sales Edition”
3. Emergency Medical Center Closing
4. Elderly Medical Insurance Fee Collection Begins
5. Lung Cancer and Tuberculosis Screenings Resume

★The Gotemba Newsletter can be viewed on the GIA Internet site:  
<https://www.gia-gotemba.com>

★Copies of this Newsletter are available at the City Hall, the City Branch Offices, Library, Health Care Center and GIA.

### 1. Be Sure to Evacuate When Order (Alert level 4)

.... Announcement system for residents evacuation has changed for wind and flood damage.

- ✓ Alert level 5, is for life risk situations. with caution, safely evacuate. You should not wait for this emergency (Level 5) alert level for safety reasons.
- ✓ Evacuation advisory has been abolished. From now on, everyone needs to evacuate from dangerous areas under evacutaion orders (alert level 4).
- ✓ In the case you have elderly or disabled persons that take time to evacuate, you need to evacuate from dangerous area at (alert level 3).

Inquiry: Crisis management division at (82)4370

### 2. Learning Contract Basics for “Telemarketing Sales Edition”

[ Example of a nuisance phone calls]

- ① Calls in the early morning or the middle of night.
- ② Calling without sharing their name, or alias or reason for the call, then starting their sales explanation.
- ③ Calling frequently even if you refuse or the caller won't let you hang up.

[ Commentary]

- ① Solicitation calls late at night prohibited.
- ② This caller didn't name themselves or the selling company, Who are they, what department are they form and what's their purpose.
- ③ Even though you refused, the caller keeps calling, this is re-solicitation and is prohibited.

Recently we see many cases of telemarketing for the elderly. Please handle these malicious venders with consideration.

[ approach]

The best way to avoid these calls is not to answer. If you answer the phone please refuse their offer clearly. It might be better to let the answering machine take the call or set up a prank call prevention device.

The living safety division promotes and monitors business offering prank call prevention devices.

Please ask more details.

Inquiries: Consumer center (Living safety division) at (83)1629, Fax (82)4333,  
Living safety division at (82)8400.

### 3. Emergency Medical Center Closing

Closing dates: Thursday, August 12<sup>th</sup> from 6:00pm to Friday, 13<sup>th</sup> at 8:00am.

The covering medical staff for that period: Available at Fuji Hospital, phone at (83)3333.

Inquiry: Emergency Medical Center at (83)1111.

### 4. Elderly Medical Insurance Fee Collection Begins

The insurance premium for this year will be sent by the middle of August. Please don't forget to pay.

Subject:

- ① 75 years of age and older (persons turning 75 are eligible to enroll in this medical system, no sign-up needed)
- ② Persons between 65 and 74 years of age recognized as having a designated level of disability are eligible (To enroll in this medical system you need to be recognized by the Elderly Medical Insurance Association)

How to calculate: A+B=C

A: Income percent: (Insured person's total income from last year - 430,000 yen) x8.07%

B: Per capita rate: 42,100 yen

C: Insurance fee: Maximum amount 640,000 yen

- If your income is low or you are a dependent for health insurance association, you may be able to have your insurance premiums reduced. (In the case you have a family member who doesn't know their income, you may not be eligible for reduction)  
\*For dependents, only the first 2 years from the enrollment date is eligible for reduction.
- If your enrollment is the middle of the year, insurance fee will be calculated by month.
- If you have already deducted (incl. temporarily deducted) this from your pension, the difference will be calculated starting from October.

Payment method:

- ① Special collection (deduction from pension)
- ② Ordinary collection (payment slip or account transfer)

\*Some situations allow for payments using both methods.

\*You can pay your special collection by account transfer (depending on your previous payment situation account transfers may not be possible).

Inquiry: National Insurance Pension Division, elderly medical staff at (82)4188

### 5. Lung Cancer and Tuberculosis Screenings Resume

Due to provide more opportunity to take examination this year, we conduct screening with 2 examination cars and more scheduled days. If you don't have chance to take examination, please take advantage of this.

#### ◆For Lung Cancer and Tuberculosis Screenings

Object: anyone who is thirty and over

Charge: Free service

Things to bring: A mailed medical questionnaire

\* If you are smoker/ used be smoker, we recommend to examine for your sputum at the same time. You will be charged 600yen.

\* There are other screening locations for people with leg problems. Please contact for more information.

#### ◆For Large Bowel Cancer Screenings

Object: anyone who is thirty and over

Charge: 400 yen charge (test kit)

\*Things to bring: A mailed medical questionnaire

◎You will be free of charge on this consultation if you:

- ①. were born before April 1st, 1952.
- ②. are over 65 years old with the elderly public medical insurance
- ③. if your household on welfare with tax exempt income (Need to submit the application of Money of collection exemption of the health department (Hoken Jigyō Choshukin Menjyō Shinseisho))

#### ◆Cautions:

You can screen without your medical questionnaire, but please bring it for a smooth consultation.

#### ◆Health consultation

Health counseling will be available for taking blood pressure or any other health problem.

Inquiry: Health Department at (70)7765

☆Translated by KH of GIA volunteers

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