

Gotemba Newsletter

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★The Gotemba Newsletter can be viewed on the GIA Internet site:

<https://www.gia-gotemba.com>

★Copies of this Newsletter are available at the City Hall, the City Branch Offices, Library, Health Care Center and GIA.

1. Stomach Cancer Screening (Barium test)

* Subject: Gotemba citizens over 30 years of age

Cancer screening is a life-saving examination for early detection and treatment of cancer, reducing the risk of death by cancer.

Due to Covid-19, a community screening car, Sawayaka, was postponed, but it will be making its rounds starting from November. For those who have already applied before, a schedule will be sent again.

- Content of implementation

- *Reception time: From 8:30am to 10:00am (all screening places are same)

- *Fee: 800 yen (Free of charge for 70 and older)

- *Things to bring: Mailed consultation form

- *How to dress-up: Plain T-shirts, elastic waist pants (avoid any pants with metal, plastic and etc.)

- Caution

- *Do not eat after 8:00 p.m. the day before the screening and don't drink alcohol.
(Drinking water is ok up to midnight.)

- *No drink/ food or smoking on the screening day, and please empty your bowels.

※All details are described in the mailed envelop so please read them carefully before your examination.

- Cautionary statements for Covid-19 prevention measures

- ① Check your temperature at home before you go. (If you have a fever or any symptoms, you can't be examined)

- ② Wear a mask at the examination.

- ③ Try to take the examination at a location close your house.

- ④ During the screening procedure, staff need to disinfect the facility and machines often. It will take time to get to your turn. (Depending on the size of the crowd, you may not get examined on that day)

- Gastroscopy is available.

If you are subject, you may undergo a gastroscopy or barium test. If you want, please ask for it.

Implementation period: Till Saturday, January 30th, 2021

Reservation period: Till Monday, December 28th, 2020

Subject: Age 50 and over, and every 4 years aged person (ex. 50, 54, 58, 62 etc.)

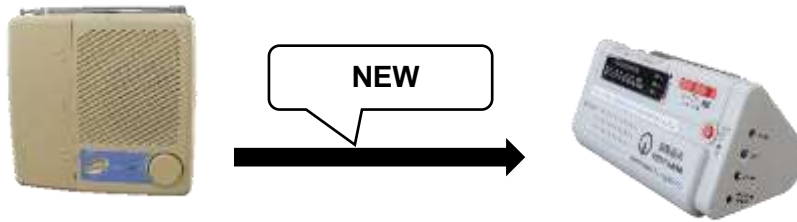
Self-pay: 3,000yen every examiner

Inquiry: Health promotion division (Kenko Suishin-ka) at (70)7765

2. Door-to-Door, Receiver Update

Inquiry: Crisis management division (Kiki-kanri ka) at (82)4370

- Promotion of door-to-door receiver update for disaster prevention administrative radio. Receivers being changed to a more updated version are radios over 6 years old.



● Functions of the new receiver

① Radio is available

AM/ FM radio and equipped with disaster prevention administrative radio. Automatic reception of administrative radio announcements will play during normal radio function.

② LED light

LED light comes built in and it's light weight so it doesn't have to be installed on the wall anymore. You can evacuate with it during the night using the receiver as a flash light.

● How to manage properly

The original and updated receiver can be used anywhere with batteries. But if you leave batteries in it, battery leakage may occur and cause a malfunction. Please check batteries regularly and change them if needed.

● More info

Installation time was set for November of this year. However due to Covid-19 equipment production is delayed and will be December. Subject houses will be notified in advance.

*If you want to install the radio in a new place, please contact or check the city homepage.

<https://www.city.gotemba.lg.jp/anzen/a-1/a-1-1/4.html>



3. Fall National Fire Prevention Week Starts! -- Period: From November 9th to 15th.

“Gold medal for you, the moment you try to prevent”

This season as the temperature falls down, we tend to use fire more. At the same time fires spread more easily with dry air. It is important to think about what you can do to prevent fires.

For house fire prevention: Seven points to follow

[Three rules]

- Don't smoke in bed.
- Keep flammable materials away from stove tops.
- Turn off gas stoves if you have to leave the room.

[Four preventive measures]

- To prevent slow escapes from possible fires, make sure there are fire alarms in the house.
- Buy flame resistant clothes, curtains and bedding.
- Make sure to have a fire extinguisher in the house to put out small fires.
- Have a plan to help elderly or disabled neighbors escape safely from fires.

◆ Announcement from the firefighting headquarters in this period

- ☆ A siren will sound at 8:00pm to reinforce the fire prevention, not signal a fire.
- ☆ During this period, staff members of the fire department will be doing a promotion for fire prevention safety guidance. Please note that the fire engine will park near the house during visit not for fire or emergency.

◆ Save your precious life

The number of fatalities caused by fire are 40% less likely in houses with fire alarms. And about 50% of the damage can be prevented compared to house without fire alarms. To save your precious life, it is important to check the operation of your fire alarms regularly.

Inquiry: Fire department prevention division at (83)0119



4. Library Festival Week Is Being Held

To compliment Culture day, November 3rd and celebrate reading month, November, the library's festival week is being held.

Date & time: November 3rd (Tue. & Holiday) to 8th (Sun) from 9:00am to 6:00pm.

◆Special original painting exhibition of Chibaen – 2nd floor, Hall space

Illustrator, Chibaen who is from Gotemba, displays original picture books. One of famous picture book, “Hon-wo yonda Hebi (the snake which read the book)”, and others will be displayed there. The first 30 people to arrive can get a bookmark from a newly written book as a present.



◆Ohanashi-no kai (Picture-book reading)

Place: 1st floor, Ohanashi no Heya

Hours: ①10:30am ②2:30pm

**#② is only held on 11/3 (Tue & Holiday), 7th (Sat) and 8th (Sun)

**Each session takes about 15 minutes.

◆Large picture book exhibition: If the weather is good, a large picture book exhibition will be outside.

Date: on 11/3 (Tue & Holiday), 7th (Sat) and 8th (Sun)

Place: Outside or 2nd floor in the Tatami room

◆Other events: Library quiz rally, recycle books, poster for reading rally achiever in Summer

*Please cooperate with Covid-19 prevention measure when you come.

*During this festival the 2nd floor will used as an exhibition space and the meeting room will be opened as a study space.

Inquiry: Library at (82)0391

5. Rotavirus Vaccine Is Now a Routine Immunization

The vaccination law has been revised and will be implemented in order to prevent the aggravation of gastroenteritis caused by rotavirus.

Period: Starting from October 1st (Thu)

Subject: Children born after August 1st in 2020

*Target subject receives preliminary examination slip by mail.

Remarks: You will need to make an appointment in advance.

Inquiry: Health promotion division (Kenko Suishin-ka) at (82)1111

6. ECOHOUSE INFORMATION / Inquiry: (88)3337

◆FREE ITEMS: Slim type of rotary screen, VHR, Glass table, Drum with pump, Electric bicycle, Electric nursing bed

◆CHARGED ITEMS: Rock fishing sets

◆DONATION NEEDED: Adult bicycle, Bird cage

◆NEGOTIABLE ITEMS: Sawing machine, Tailor-use sawing machine

*Fax and Telephone answering machine service are not available.

7. City Library News / Inquiry: (82)0391

○Hours of Operation: 9:00 am - 6:00 pm

○Closed: 2nd (Mon.), 9th (Mon.), 16th (Mon.), 24th (Tue.), 30th (Mon.)

*Home reading day: 18th (3rd Wednesday of every month)

○Book Start: 4th and 18th (Wed)

* First-time reading for mothers with 6 month-old infants who are here for 6 month check-up at Health Care Center

Due to preventing the spread of new Covid-19 infection, these events are cancelled.

○OHANASHI HIROBA

○OYAKO OHANASHI-NO-KAI

Recycled Book Day system has been changed. All books are now located on the recycled books shelf in front of the audiovisual section.

8. November's Calendar of Events

DATE	EVENTS/TIME	LOCATION	DATE	EVENTS/TIME	LOCATION
1 (SUN)			17 (TUE)	Seminar for Babies (1:00pm)	Health Care Center
2 (MON)	Health Consultation for Babies and Children (9:30am)	Health Care Center	18 (WED)	Health Checkup for Babies 6 months old (1:15pm)	Health Care Center
	Legal Counseling (1:00pm) (Need appointment)	City Hall		Book start	Health Care Center
	Library Closed Day		19 (THU)		
3 (TUE)			20 (FRI)		
4 (WED)	Health Checkup for Babies 6 months old (1:15pm)	Health Care Center	21 (SAT)		
	Book start	Health Care Center	22 (SUN)		
5 (THU)	Seminar for Babies (1:00pm)	Health Care Center	23 (MON)		
6 (FRI)	Health Consultation for Toddlers 2 years old (1:15pm)	Health Care Center	24 (TUE)	Health Checkup for Infants 18 months old (1:15pm)	Health Care Center
7 (SAT)			25 (WED)	Health Consultation for Toddlers 3 years old (1:00pm)	Health Care Center
8 (SUN)			26 (THU)	Mental Health Consultation (10:00am) (Need appointment)	City Hall
9 (MON)	Adult Health Consultation (9:30am) (Need appointment)	Health Care Center	27 (FRI)	Vaccination Shots (BCG) (1:30pm)	Health Care Center
	Vaccination Shots (BCG) (1:30pm)	Health Care Center	28 (SAT)		
	Library Closed Day		29 (SUN)		
10 (TUE)	Health Checkup for Infants 18 months old (1:15pm)	Health Care Center	30 (MON)	Library Closed Day	
11 (WED)	Health Consultation for Toddlers 3 years old (1:00pm)		<p>Taxes to be paid in the month of November [deadline November 2nd (Mon.)]</p> <ul style="list-style-type: none"> ●Citizens of city tax of 3rd ●National Health Insurance tax of 4th ●Medical Care System for people aged 75 and over (Koki Koreisha Iryo Hoken) of 3rd <p>Taxes to be paid in the month of November [deadline November 30th (Mon.)]</p> <ul style="list-style-type: none"> ●National Health Insurance tax of 5th ●Medical Care System for people aged 75 and over (Koki Koreisha Iryo Hoken) of 4th ●Water usage and sewer usage for November <p>* Please note that these payments are payable by direct debit from your bank account.</p>		
12 (THU)	Mental Health Consultation (10:00am) (Need appointment)	City Hall			
13 (FRI)	Workshop for Pregnant Women (9:15am) (Need appointment)	Health Care Center			
14 (SAT)					
15 (SUN)					
16 (MON)	Legal Counseling (10:00am) (Need appointment)	City Hall			
	Library Closed Day				

☆Translated by KH of GIA volunteers

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