

Gotemba Newsletter

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★The Gotemba Newsletter can be viewed on the GIA Internet site:
<https://www.gia-gotemba.com>

★Copies of this Newsletter are available at the City Hall, the City Branch Offices, Library, Health Care Center and GIA.

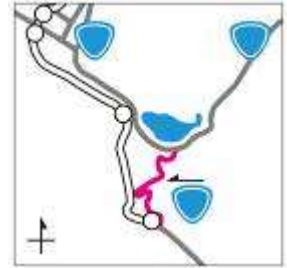
1. The Chain Regulation for Unusually Heavy Snow

During a heavy snow warning or any urgent heavy snow related warning, the department of transportation is to enforce strict chain regulations in regulated target areas depending on the situation. If cars are seen without chains, they will not be allowed to drive at all even if equipped with snow tires. Please check the city home web-site for more details.

- Regulation target section: Route 138 Lake Yamanaka/ Subashiri
(Hirano, Yamanakako-mura – Subashiri, Oyama), 8.2km
- ❖ The picture of regulatory labeling sample.....



Sign sample



Map

Inquiry:

Numazu Kasen Kokudo office, Ministry of land, infrastructure and transport at 055(934)2017.

2. ECOHOUSE INFORMATION / Inquiry: (88)3337

- * FREE ITEMS: Food processor, Dog cage, Electric nursing bed, Baby bed, Firewood stove
(NEGOTIABLE ITEMS): Light-up piano, Writing desk only (without a chair)
 - * DONATIONS NEEDED: A type baby stroller, T.V., Refrigerator (medium size), child bed
(NEGOTIABLE ITEMS): Rice cooker for 5 go (about 750g), Bed (double or semi-double size)
- ※Fax and Telephone answering machine services are not available.

3. Distributing Acupuncture and Moxibustion Free Voucher to Single Parent Families

Thanks to Shizuoka prefecture acupuncturists board we will distribute a free voucher for acupuncture and moxibustion. There are 120 facilities including clinics in Shizuoka.

Expiration of vouchers: Sunday, March 15th. This offer will be for one person for one time use.

Distribution place: Kosodate shienka (Child care support section)

Object: Single parent family, once free voucher has expired the campaign will be over.

Inquiry: Kosodate shienka at (82)4124.

4. Exemption of National Pension Premiums Both Before and After Childbirth

Recognition of Exemption period:

First time pregnant woman: 4 months prior to delivery month (not due date)

Expecting mothers of 1 or more children: 6 months prior to delivery month (not due date)

Object: National pension 1st insured person (self-employed or unemployed workers and etc.) and due date is after February 1st in 2020.

Necessary Documents: Confirmation material such as My Number or pension book, ID, and Hanko.

※ If you apply before your delivery, you need your mother and child handbook.

When to apply: 6 months before your due month. (you can also apply after your delivery.)

Remarks: The term "Delivery" includes women having carried the baby for more than 85 days.
(including stillborn babies, miscarriages, and premature deliveries)

Inquiry: National health insurance and pension division at (82)4122.

Numazu pension office, Japan pension service at 055(921)2201.

5. March 1st Through March 7th Is Children's Immunization Week

Most infectious diseases that a child can get are often easily prevented with vaccinations. Let's get vaccinations for your children. Please make sure to check your child's vaccination history with maternity nursing record books before your children start school. We particularly recommend getting the MR (measles, rubella mixed vaccine) vaccination, at this opportunity. Please contact the Hoken Center (Health Care Center) if you do not receive an information card.

Please get the shot at the doctor's office appointed in the information card in the case your children haven't gotten yet.

※Appointments must be made in advance to the appointed hospital.

※Please confirm the type of vaccination, the number of shots you need and appointment time.

For more information, contact Kenko Suishin-ka (Health Care Center) at (82)1111.

6. City Library News in March / Inquiry: (82)0391

○Hours of Operation: 9:00 am - 9:00 pm

○Closure Dates: 16th (Mon), 3rd Monday.

○Book Start: 4st (Wed) & 18th (Wed)

* First-time reading for mothers with 6 month-old Infants at the Hoken Center (Health Care Center).

○OHANASHI HIROBA: Every Saturday from 2:30 pm (Picture-book reading by volunteers)

○OYAKO OHANASHI-NO-KAI: 11th (Wed) and 25th (Wed) from 10:30 am (Picture-book reading by librarians)

○Recycled Book Day: 15th (Sun) from 9:00 am to 6:00 pm * Get free books!

7. March's Calendar of Events

DATE	EVENTS/TIME	LOCATION	DATE	EVENTS/TIME	LOCATION
1 (SUN)			18 (WED)	Health Checkup for Babies 6 months old (1:15 pm)	Health Care Center
2 (MON)	Legal Counseling (1:00 pm) (Need appointment)	City Hall		Book Start	Health Care Center
3 (TUE)	Seminar for Babies (1:00 pm)	Health Care Center	19 (THU)		
4 (WED)	Health Checkup for 6 months old (1:15 pm)	Health Care Center	20 (FRI)		
	Book Start		21 (SAT)	OHANASHI Hiroba (2:30 pm)	Library
5 (THU)			22 (SUN)		
6 (FRI)	Health Consultation for Toddlers 2 years old (9:00 am)	Health Care Center	23 (MON)	Adult Health Consultation (1:30 pm) (Need appointment)	Health Care Center
	Vaccination Shots (BCG) (1:30 pm) Health Care Center	Health Care Center	24 (TUE)	Health Checkup for Infants 18 months old (1:15 pm)	Health Care Center
7 (SAT)	OHANASHI Hiroba (2:30 pm)	Library	25 (WED)	OYAKO OHANASHI NO KAI (10:30 am) Library	Library
8 (SUN)				Health Checkup for Toddlers 3 years old (1:00pm)	Health Care Center
9 (MON)			26 (THU)	Mental Health Consultation (10:00am) (Need appointment)	Health Care Center
10 (TUE)	Health Checkup for Infants 18 months old (1:15 pm)	Health Care Center	27 (FRI)		
11 (WED)	OYAKO OHANASHI NO KAI (10:30 am)	Library	28 (SAT)	OHANASHI Hiroba (2:30 pm)	Library
	Health Checkup for Toddlers 3 years old (1:00 pm)	Health Care Center		*Citizen's section is closed & City hall reception desk is available this weekend	
12 (THU)	Mental Health Consultation (10:00am) (Need appointment)	City Hall	29 (SUN)	*Citizen's section is closed & City hall reception desk is available this weekend	
13 (FRI)	Workshop for Pregnant Women (1:10 pm) (Need appointment)	Health Care Center	30 (MON)		
14 (SAT)	OHANASHI Hiroba (2:30 pm)	Library	31 (TUE)		
15 (SUN)	Recycled Book Day (9:00 am)	Library	<p>The tax payment and rate of March ~Please make your payment by the due date with a convenient fund transfer.~ (Monday, March 2nd is a tax payment due) ●4th Property tax and Urban Planning tax ●8th National Health Insurance tax ●7th Old Citizen Medical Care Premium (Tuesday, March 31st is a tax payment due) ●8th Old Citizen Medical Care Premium (Koki Koreisha Iryo Hoken) of 8th. ●For a water usage, sewer usage for use March inspection of a meter.</p>		
16 (MON)	Health Consultation for Babies and Children (9:15 am)	Health Care Center			
	Legal Counseling (10:00 am) (Need appointment)	City Hall			
	Vaccination Shots (BCG) (1:30 pm)	Health Care Center			
	Library close				
17 (TUE)	Seminar for Babies (1:00 pm)	Health Care Center			

☆Translated by KH of GIA volunteers

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