

Gotemba Newsletter

Events:

1. The Times Have Changed from Treatment to Prevention. Let's Prevent Your Disease by Taking a Specific Examination.
2. Happy Tooth Week is from June 4th (Tue.) until the 10th (Sat.)
3. Landslide Disaster and National Disaster Prevention Training Will Be Carried Out.
4. Brain Dock Grant for National Health Insurance Members and or Medical System for elder Senior Citizens.
5. Medical Examination Grant for National Health Insurance Members Under 40 years old.
6. The Deadline for Paying The Automobile Tax This Year Is May 31st (Fri.)
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8. Free Telephone Legal Consultation for Foreigners (Interpretation Service Available)
9. Free Advice for Foreign Residents



(April 13th photography
at Yuai Park Harasato)

★Copies of this Newsletter are available at the City Hall, the City Branch Offices, Library, Health Care Center and GIA.

★The Gotemba Newsletter can be viewed on the GIA Internet site:
<http://city.gotemba.shizuoka.jp/cgi-bin/gia/infombbs/magbbs.cgi>

1. The Times Have Changed from Treatment to Prevention. Let's Prevent Your Disease by Taking a Specific Examination.

Details of specific examination:

National Health Insurance holders who are over 40 years of age and are enrolled in the medical system for elder senior citizens will receive a consultation ticket at the end of May individually. If you are covered under another health [insurance holders name or] insurer, please contact your insurance company.

Specific examinations can be taken by anybody who is over 40 years old by law.

(There might be some people who are not fully covered; such exceptional cases might be if you're staying in a facility or hospital for a long term.) If you are not over 40 years of age and still wish to take the examination, you can get a subsidy and be eligible to get another subsidy for brain dock.

(This applies to people who have National Health Insurance and are enrolled in the medical system for elder senior citizens)

Inquiry: National insurance pension division at (82)4121.



Orange envelop

2. Happy Tooth and Mouth Week is from June 4th (Tue.) until the 10th (Mon.)

◆Dental Hygiene Contest

Date & Time: Saturday, June 1st, 1:00 pm to 3:30 pm

Place: Citizen's hall

« Event schedule »

- The celebration and award ceremony for the 8020 contest.
- Certification, given to 5 years old children (preschoolers) who don't have any cavities.
- Dental health consultations, Display of drawing and poster.
- Display of drawing and poster

There is the display of approximately 150 works of drawings and posters which are raised from the nursery school, a kindergarten, the elementary and junior high school in the city.

(Display period): From May 25th (Sat.) to June 1st (Sat.) at Citizen's hall.

Inquiry: Health promotion section (Kenko Suishin-ka) at (82)1111

3. Landslide Disaster and National Disaster Prevention Training Will Be Carried Out.

Landslide disasters occur suddenly and threaten life and property. In the city there are 51 places of "special" landslide risk, were you need to be cautious how you behave yourself when heavy rain happens.

- What is a special landslide risk area? An area with a high risk for landslide caused by heavy rain. Prefectures designate such areas as special areas by means of topographical maps for example.

*More details for (special) alert areas are available on the Gotemba city homepage (<http://city.gotemba.shizuoka.jp/anzen/a-1-2/7.html>)

- National landslide disaster prevention training will take place.

Schedule time: June 2nd (Sun.), nationally scheduled day, from 9:00 am to noon.

Training target district: Osaka, Koyama, Takouchi, Ojiri.

Outline of this training: Signal transduction for evacuation advisory, resident evacuation after recommendation order, field check at landslide disaster alert area with using disaster prevention map, support action for vulnerable people, landslide training section toward local residents and etc. (These will be carried out to simulate all sorts of situations related with landslides in the local area.)

Inquiry: at Crisis Management Division (Kiki Kanri-ka) at (82)4370.

4. Brain Dock Grant for National Health Insurance Members and or Medical System for elder Senior Citizens.

You can get a subsidy for brain dock. Inspection content will be MRI, MRA and result explanation by a doctor.

Period: Until March 31st (Tue.), 2020.

Place: 4 medical institutions in the City.

Subject: National health insurance members and or medical system for elder senior citizens who don't have delinquent payments and have taken one of the following examinations, specific medical checkup, elder senior citizen examination, ningen dock and or business owner examination, this year.

Self-burden: 6,600 yen

Things to bring: A medical examination result report, ID and Hanko.

If you want, please apply to the national insurance pension division beforehand.

Inquiry: Please apply at the office.

If you have any questions, please call the national insurance pension division at (82)4121.

5. Medical Examination Grant for National Health Insurance Members Under 40 years old.

People who are not subject for specific examination medical checkup can get a subsidy for a medical examination which is similar in content to the specific exam.

From this year self-pay is much cheaper and more reasonable to check up.

Period: From June 1st (Sat.) to August 31st (Sat.)

Place: 26 participating medical institutions in the City.

Subject: National health insurance members from age 20 to 39 that don't have delinquent payments.

Fee: 500 yen

Other: You need to apply to get a subsidy.

Inquiry: Please apply at the office or call in advance to the national insurance pension division at (82)4121.

6. The Deadline for Paying The Automobile Tax This Year Is May 31st (Fri.)

You can pay your automobile tax at your nearest financial institution, Japan Post Bank (post office), Convenience store, MMK branch, Pay-easy, Payable ATM, Credit card, Internet banking, Mobile banking are able to pay.

Payments made by Pay-easy or Credit card won't be issued a receipt or receive a tax payment certification. If your JCI is coming soon, please try to pay at a bank or convenience store. (Credit card payments will be charged commission.)

Payments made at convenience store or credit card can be made no later than Friday May 31st.

Inquiry: Please apply the office or call to the Automobile Tax division, Ken Numazu Financial office at 055(920)2019.

7. National Route 469 Will Be Closed at Night Time.

Due to construction, national route 469 around the Nakabata area will be closed at night.

Date & Time: From ①June 3rd (Mon.) to 7th (Fri.), ②July 1st (Mon.) to 5th (Fri.)

From 9:00am to 5:00am next day

Section:

Route 469, Nakabata area (300m away from the intersection of Hitosugi route 138 stretching for 60m.)

Inquiry: Ministry of Land, infrastructure, transport and Tourism, Gotemba national route, Maintenance Branch office at (82)2488.

8. Free Telephone Legal Consultation for Foreigners (Interpretation Service Available)

Topics: Immigration, such as Status of Residence, Family Matters, such as Divorce, Child Support, Inheritance, Labor Issues, such as Unpaid Wages, Dismissal, Workers' Compensation, Other Problems, such as Debt, Traffic Accident, and General Legal Issues

Event Organizer: Kanto Federation of Bar Associations

Date: Saturday, May 18th, 2019

Reception hours: 13:30 - 16:30

Phone : 03-3501-8030

* Please call the number back when the line is busy.

* Consultations will be provided for free, but the phone call rates will be charged.

* Approximate time for each consultation is about 30 minutes.

Available Languages (scheduled): Japanese, English, Chinese, Spanish, Portuguese, Veitnamese, Thai, Filipino (Tagalog)

9. Free Advice for Foreign Residents

Date: June 2, 2019 (Sun.) 1:30 p.m. - 4:00 p.m. (Reception 1:00 p.m.- 3:30 p.m.)

Place: Sun-Wel Numazu (2F) [Hinode-cho 1-15] Meeting rooms (Daikaigi shitsu and Shokaigishitsu)

* It's 15 minute-walk from North Exit of Numazu sta.

Contents: Lawyer, administrative scrivener and the certified social insurance labor consultant are available for consultation on the status of residence, international marriage/divorce, labor's issue, social insurance, the procedure of immigration and administrative information etc.

◆Anybody including foreign residents, their families and employers can consult, and can make an appointment in advance.

◆Interpreters of English, Portuguese, Spanish and Chinese are available.

◆No charge and all your information will be classified.

Information and Reservation: Numazu City Hall at 055- 934-4717 (Office Hours: 8:30 a.m.-5:15p.m. Mon. - Fri.)



☆Translated by KH of GIA volunteers

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