

Gotemba Newsletter

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June is Waste Reduction Month

Waste Reduction Depends on each one of us, think what is wasteful to reduce garbage.

For more information, contact the Recycle promotion Division at (88)0530.

- Think what is the best way to throw your kitchen waste away.
 - Try to drain water before throwing it away.
 - Use a garbage disposal unit and use your kitchen waste as fertilizer.
 - Try composting your waste in the city. (Organized by the part of Niihashi, Yuzawa and Hagiwara, Morinokoshi district)
- Reducing food waste.
 - Try not to buy too much, use all your food and groceries and consume it.
 - Knowledge of food expirations and consumption expiration.
- Separate your garbage into respective material.
 - Miscellaneous recyclable paper (such as papers, snack box and others. Doesn't include Cardboard, newspaper, and magazines)
- Think about what you can reuse before throwing it away.
 - Use a collection of used clothes or business services for old cloths or containers. Take advantage of local collection groups such as the women's association.
 - Try to reuse empty containers for organization.
 - Try to use left-over ingredients in another recipe.



★ The Gotemba Newsletter can be viewed on the GIA Internet site:

<http://city.gotemba.shizuoka.jp/cgi-bin/gia/infombbs/magbbs.cgi>

★ Copies of this Newsletter are available at the City Hall, the City Branch Offices, Library, Health Care Center and GIA.

1. Start Special Collection from Public Pension.

Persons who are over 65 years-old and a pension receiver as of this April 1st and are obligated to pay municipal tax and prefectural tax via pension income for the previous year. This means qualifying subjects will be deducted prefectural tax from their pension directly from public pensions for payment to the city.

※Depends on conditions but you might be target person.

- Collection time:

Collections will start in October for first time payees and restarting payees. Collections will be conducted in April for those who paid the previous year.

This year you will be sent a tax payment notice as of June 10th for municipal tax and prefectural tax for 2019. So please check your payment amount.

There are cases where, if you are over 65 years-old and receiving employment income, you can also be deducted through pension. Other cases if you aren't deducted from your pension in October, you might need to make a payment via payment slip.

Inquiry: Tax payment section at (82)4129.

2. The 24th Annual Eco Recycling Festival ~ Enjoy Being Eco-Friendly! ~

Date/Time: Saturday 1st June from 10:00 am to 1:00 pm

Place: Citizen's Community Center, Fujizakura, Koryu Hall etc.

Events: Eco-Friendly experience•games, Bazaar, Eco-Friendly tree event•2R corner, display, raffle, flea market, Collection of used clothing/ cloth•milk pack•paper pack with aluminum•aluminum cans.

Bring: Your own bags

Free admission fee

※You can get presents when you participate in eco-friendly tree events, participate in this event necessary.

Inquiry: Recycling promotion section at (88)0530.

ECO House Gotemba at (88)3337.

3. Child-Support Payments (Kodomo Teate) Needs to Be Updated for the 1st Year of Reiwa.

We would like to be updated about your current pay. If you don't do this, you won't receive any payments from this June at all. Please make sure you take care.

Subject: Person who receives child-support payments now.

※We will send a notification individual who needs to be updated by beginning of June. If you are a public employee, please contact your office.

Things you need:

- ① Report of present situation which was sent by city
- ② Private seal (No stamp-type seals)
- ③ Copy of the health insurance of the claimer or pension participation certificate (A national pension member and a person who have not joined the pension system are not necessary)

How to: Turn in your paperwork to counter / mail to Child support department.

For more information, please contact Kosodate Shien-ka (〒412-8601) or Child Support Department at (82)4124.

4. ECOHOUSE INFORMATION / Inquiries: (88)3337

◎FREE ITEMS:

(NAGOTIABLE): Oven range, Ski, Pole, Ski boots, Electronic piano, Golf sets for practice, Baby rack, Baby stroller (for newborn).

(CHARGED ITEMS): Holding single bed.

◎DONATIONS NEEDED: Writing desk/ chair, Bunk bed, Girl's short-sleeve uniform for Oyama high school, Shoe box (up to 80cm wide)

(NEGOTIABLE ITEMS): Japanese harp koto, Health equipment except leg machine.

※Fax and telephone answering machine services are not available.

5. Health Consultation for Babies & Infants.

* No reservations needed.

Inquiry: Kenko Suishin-ka at (82)1111

Date & Time: Monday, June 17th from 9:15am to 10:00am at the Health Care Center

Information sessions are available for body measurements, childcare and nutrition, dentistry consultation for babies and more.

6. Adult Health Consultation.

* Reservations needed.

Inquiry: Kenko Suishin-ka at (82)1111

Date & Time: Friday, June 21st from 9:30am to 10:30am at the Health Care Center

Contents: Information sessions for questions relating to health, nutrition and bone densitometry to prevent lifestyle-related diseases and build-check etc.

Application and inquiry: Please apply at the counter or call in advance to Kenko Suishin-ka.

7. Workshop for Pregnant Women.

* Reservations needed

Inquiry: Kenko Suishin-ka at (82)1111

Date & Time: Friday, June 28th from 13:00pm to 13:20pm at the Health Care Center

Contents: Study of procedure/ practice breathing methods, study of parenting (Guidance & practice)

Capacity: 20 people (First-come-first-served basis)

How to apply: Please apply by Thursday June 27th at front desk or by call to Kenko Suishin-ka.

8. City Library News in June / Inquiries: (82)0391

○ **Hours of Operation:** 9:00am – 9:00pm

○ **Closure Dates:** 17th (Mon) *3rd Monday

○ **Book Start:** 5th (Wed) and 19th (Wed)

※ This is for mothers with 6 month-old infants for 6 months check-up at Health Care Center.

○ **OHANASHI HIROBA:** Every Saturday from 2:30pm

○ **OYAKO OHANASHI-NO-KAI:** 12th (Wed) & 26th (Wed) from 10:30am (Picture-book reading by librarians)

○ **Recycled Book Day:** 16th (Sun) from 9:00am–6:00pm ※ Get free books!

9. June's Calendar of Events

DATE	EVENTS/TIME	LOCATION	DATE	EVENTS/TIME	LOCATION
1 (SAT)	OHANASHI HIROBA (2:30 pm)	Library	18 (TUE)	Seminar For Babies (1:00 pm)	Health Care Center
2 (SUN)			19 (WED)	Health checkup for 6 months old babies (1:15 pm)	Health Care Center
3 (MON)				Book starts	Health Care Center
4 (TUE)	Law consultations (1:00 pm) (Reservations required)	City Hall	20 (THU)		
	Seminar for babies (1:00 pm)	Health Care Center	21 (FRI)	Adult Health Consultation (9:30 am)(Reservations required)	Health Care Center
5 (WED)	Health checkups for 6 months old babies (1:15 pm)	Health Care Center	22 (SAT)	OHANASHI HIROBA (2:30 pm)	Health Care Center
	Book starts	Health Care Center	23 (SUN)		
6 (THU)	Vaccination Shots (BCG) (1:30 pm)	Health Care Center	24 (MON)		
7 (FRI)	Health Consultation for Toddlers 2 years old (9:00 am)	Health Care Center	25 (TUE)	Health Checkup for Infants 18 months old (1:15 pm)	Health Care Center
8 (SAT)	OHANASHI HIROBA (2:30 pm)	Library	26 (WED)	OYAKO OHANASHI NO KAI (10:30 am)	Library
9 (SUN)				Health Checkup for Toddlers 3 years old (1:00 pm)	Health Care Center
10 (MON)			27 (THU)	Mental Health Consultation (10:00am)(Reservations required)	City Hall
11 (TUE)	Health Checkup for infants 18 months old (1:15 pm)	Health Care Center		Vaccination Shots (BCG) (1:30 pm)	Health Care Center
12 (WED)	OYAKO OHANASHI NO KAI (10:30 am)	Library	28 (FRI)	Workshop for Pregnant Women (1:00 pm) (Reservations required)	Health Care Center
	Health Checkup for Toddlers 3 years old (1:00 pm)	Health Care Center	29 (SAT)	OHANASHI HIROBA (2:30 pm)	Health Care Center
13 (THU)	Mental Health Consultation (10:00am)(Reservations required)	City Hall	30 (SUN)		
14 (FRI)			<p style="text-align: center;"><u>Taxes to be paid in the month of June</u> deadline July 1st (Mon.) ●Citizens of city tax (1st share) ~ Please note that these payments are payable by direct debit from your bank account. ~</p>		
15 (SAT)	OHANASHI HIROBA (2:30 pm)	Library			
16 (SUN)	Recycled Book Day (9:00 am)	Library			
17 (MON)	Health Consultation for Babies and Children (9:15am)	Health Care Center			
	Law Consultation (10:00 am) (Reservations required)	City Hall			

☆Translated by KH of GIA volunteers

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