

Gotemba Newsletter

Events:

1. Gotemba Cherry Blossoms Festival and Night Light-Up Is Approved for Night View Heritage in Japan.
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9. Free Advice for Foreign Resident



Chosen for Olympic Venue!!

Celebration for Olympic venue main entry gate at city hall established memorial monument and started count down board.

(August 9th photography)

★The Gotemba Newsletter can be viewed on the GIA Internet site:

<http://city.gotemba.shizuoka.jp/cqi-bin/gia/infombbs/magbbs.cgi>

★Copies of this Newsletter are available at the City Hall, City Branch Offices, Library, Health Care Center and GIA.

1. Gotemba Cherry Blossoms Festival and Night Light-Up Is Approved for Night View Heritage in Japan.

Inquiries: City planning division at (82)4231



2. Please Corporate To Prevent Traffic Accidents

Fall national traffic safety exercises start from Friday 21st in September to Sunday 30th. Last day is "No fatal accident" day.

The four key points are:

- 1) Ensure children/ senior pedestrians safety and prevent senior driver accidents.
- 2) Prevent accidents in the evening and at night involving bicycles and pedestrians.
- 3) Make sure all passengers are wearing their seat belts, and children are securely fastened in child seats.
- 4) End drunk driving.
- 5) Be sure follow cross road safety rules. (Main point)

Let's prevent future traffic accidents by turning on head lights before it gets dark and by having pedestrians wear self-reflective material.

For more information please contact Kurashino Anzen-ka (Public Safety Department) at (82)4123.

3. Please Try to Keep Your Cat Inside Your House / Kankyo-ka: (83)1610

Pets can be great companions. However they can easily causes some troubles to others depending on how you take care of them. Let's keep in mind how to properly keep take care of your cat.

- Try to keep your cat inside your house.
- Consider having castration surgery.
- Put a collar with tags on your cat.
- Do not feed any wondering cats irresponsibly.

In the case you can't keep your cat, please find another owner who can take care of it for good. There are dog/ cat notice boards you can use at "Pottchi and Nyanchi's sharing message" in front of the environment division and Fujizakura citizen center, so please take advantage of them.

※A fine for disposing your dog or cat will be under 1,000,000 yen.

4. Renewal of Identification for Child Medical Expenses Grant

This identification for child medical expenses grant is renewed every year as of October 1st. Recipients should have received a new identification card, which is yellow color, at the end of September. Please use the new yellow color card from October 1st.

Subject:

Registered residents age 18 (up to 3rd year in high school, born after April 2nd in 2000 who have health insurance)

Expiration date:

1. Till March 31st, 2019. (age up to 3rd year of high school year)
2. Till September 30th, 2019. (person who doesn't apply above)

※ No 1 and 2 subjects will be sent the identification separately.

The expired identification card needs to be returned to Kosodate shien-Ka (Children support section).

Starting from October the medical expense grant will be changed in Shizuoka prefecture.

If the subject is married, the person needs to register the change.

If you have any questions or concerns, please contact Kosodate shien-ka at (82)4124.

5. Health Consultation for Babies & Infants / Inquiries: Kenko Suishin-ka at (82)1111

*** No reservations needed.**

Information sessions are available for body measurements, childcare and nutrition, dentistry consultation for babies and more. (No reservations required)

Date & Time: Monday, October 1st from 9:15am to 10:15am at the Health Care Center

*Because it will be crowded, mothers with children under one should arrive early.

For more information, please contact Kenko Suishin-ka.

6. Adult Health Consultation / Inquiries: Kenko Suishin-ka at (82)1111

*** Reservations needed.**

Date: Monday, October 22nd from 9:30 am to 10:30 am at the Health Care Center.

Contents: Information sessions for questions relating to health, nutrition and bone densitometry to prevent lifestyle-related diseases, build-check and reading and understanding personal medical charts/ blood pressure and reports. If you want, we check the salt measurement of the miso soup. (Please bring your small amount of miso soup.)

Application and inquiry: Please apply at the counter or call in advance to Kenko Suishin-ka.

7. Workshop for Pregnant Women / Inquiries: Kenko Suishin-ka at (82)1111

*** Reservations needed.**

Date: Friday, October 19th from 1:10 pm to 3:30 pm at the Health Care Center

Contents: How to spend your time during pregnancy and mother and child dental health (including practice) and experience of being pregnant

Subject: Pregnant women and husband

The offer number of people: 20 people (First-come-first-served basis)

Application and inquiry: By the day before session, please apply at the counter or call in advance to Kenko Suishin-ka.

8. Health Checkups for Children in October / Inquiries: Kenko Suishin-ka at (82)1111

Place: Health center *** This is the day we do have checkups and consultations.**

For more information, please call Kenko Suishin-ka by noon on the morning of the checkup or consultation.

Check-up/Consultation Info	Day of session - Eligible ages	Times	What to bring
Seminar for babies (born in June, 2018)	Tue. October 2 nd - born from the 1 st to the 15 th	1:00 pm - 1:20 pm	Mother and child health notebook
	Tue. October 16 th - born from the 16 th to the 30 th		
6 months old (born in March, 2018)	Wed. October 3 rd - born from the 1 st to the 15 th	1:15 pm - 2:00 pm	Mother and child health notebook, checkup form
	Wed. October 17 th - born from the 16 th to the 31 st		
18 months old (born in March, 2017)	Tue. October 9 th - born from the 1 st to the 15 th	1:15 pm - 2:00 pm	Mother and child health notebook, checkup form
	Tue. October 23 rd - born from the 16 th to the 31 st		
2 years old (born in September, 2016) * Tooth brushing information	Fri. October 12 th - birth date not applicable	9:30 am - 10:30 am	Mother and child health notebook, tooth brush, towel
3 years old (born in September, 2015)	Wed. October 10 th - born from the 1 st to the 15 th	1:15 pm - 2:00 pm	Mother and child health notebook, checkup form, urine sample
	Wed. October 24 th - born from the 16 th to the 30 th		
Vaccination shots (BCG) (born in 2018)	Fri. October 5 th - born from April 16 th to the 30 th	1:30 pm - 1:50 pm	Mother and child health notebook, vaccination form * In addition children under the age of 1 year old, may be vaccinated if they haven't already.
	Mon. October 22 nd - born from May 1 st to the 15 th		

9. Free Advice for Foreign Residents

Date: September 30, 2018 (Sun.) 1:30 p.m. - 4:00 p.m. (Reception 1:00 p.m.- 3:30 p.m.)

Place: Sun-Wel Numazu (2F) [Hinode-cho 1-15] Meeting rooms (*Daikaigi shitsu* and *Shokaigishitsu*)

* It's 15 minute-walk from North Exit of Numazu sta.

Contents: Lawyer, administrative scrivener and the certified social insurance labor consultant are available for consultation on the status of residence, international marriage/divorce, labor's issue, social insurance, the procedure of immigration and administrative information etc.

◆Anybody including foreign residents, their families and employers can consult, and can make an appointment in advance.

◆Interpreters of English, Portuguese, Spanish and Chinese are available.

◆No charge and all your information will be classified.

Information and Reservation: Numazu City Hall at 055- 934-4717

(Office Hours: 8:30 a.m.-5:15p.m. Mon. - Fri.)



☆Translated by KH of GIA volunteers

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